



DAVE ○ CLAYTON ○ PhD

Hypnotic Psychotherapy



*Academic
Long Form*



David H. Clayton Ph.D.
5N-231 S. Central
Wood Dale IL. 60191
(630) 766-5584
dhclaytonphd@msn.com
hypnoticpsychotherapy.com

Birth Date:1/15/45

Marital Status: Married (two children 37 & 35)

PSYCHOTHERAPIST, INSTRUCTOR AND GRADUATE EDUCATOR

EXPERIENCE:

6/1976-present Private Office Practice:

Counseling for Individuals, Families and Couples.
Hypnotherapy: Psychosomatic disorders, medical and psychotherapy related applications.
Home-visiting (specializing in family therapy.)

9/75-2/82 DUI (driving-while-intoxicated) group leader. Monthly groups of males arrested for DUI. 18 hr. weekend program interventions aimed at altering the drinking/driving behavior. I also researched this program and designed an intervention for the "high risk" offender which grouped them by age and explored the transitional issues from late adolescence to early adulthood.

8/71-7/79 Senior clinical staff member Ravenswood Hospital Community Mental Health Center(outpatient): My duties included family, grp. & Ind. and couple-therapy. In addition crisis therapy and general intake duties. As an intake & crisis worker: serviced the trauma & Emergency Room of the hospital. Mental health consults were provided for attending physicians (i.e. psychiatric hospitalizations).
Acting director: Outpt./E.R. 6 months
Assistant director: supervised 6 staff; case assignment; outpt. Statistics;3/4 case load.

1974-present Adolescent worker at Riveredge Hospital where I worked with adolescents in groups and with their families.

2/67-4/67 2/67-4/67 Child Care Aid at Tinley Park Mental Health Center (State Hospital).Adolescent Unit.

6/66-9/66 6/66-9/66 Unit Director of the Episcopal Mission Society's summer camp program for ghetto youth (upper New York State)

11/65-6/65 11/65-6/66 Child Care Counselor in a residential treatment center for emotionally disturbed boys(Jewish Children's Bureau, Freund Unit in Chicago).

TEACHING AND CONSULTATION EXPERIENCE:

- 2005** Introduction to hypnotherapy. 10, 6 hour workshops for mental health professionals: lectures and demonstrations. Torreon, Mexico
- 12/2** Beginning Hypnotherapy: Workshop presented to Psychotherapists in training, Monterrey Mexico
- 5/96 - present** Consultant- clinical consultation/training seminars/Elgin Family Service.
- 3/03 - present** Instructor: Psychology 100. Waubensee Community College, Sugar Grove Illinois.
- 1/95-4/96** Conducted (2) seminars at McNeil Hospital for residents in Family Practice on psychosomatic medicine.
- 6/91-8/91** Taught a 28 hour: "Beginning hypnotherapy": graduate student at Northern Illinois University, Marriage and Family Therapy Program.
- 2/83-10/83** Clinical consultant to "Mainstay", a family service agency located in Park Ridge.
- 10/80** Trainer-Hypnosis Began conducting training seminars on hypnotherapy for mental health professionals
- 9/78-10/80** Clinical and Administrative Consultant Schaumburg Family Services
- 10/77-present** Trainer-Brief Therapy Began conducting training workshops on brief intervention models for family and individual therapy.
- 9/76-9/77** Instructor-YMCA Taught a course for a woman's organization entitled: Family Life Cycle . I taught this five week course for six quarters. The course emphasized a system's model of family interaction.
Spring Qrt. '74 Co-Instructor Co-Taught an eight week course for adult education extension of the College of DuPage entitled: Interpersonal Communication with Couples.
- 10/73-3/74** Regional Consultant for Drug Education Training Resources(Region #5)
Specifically, I consulted for Addison Township Committee and helped them write a federal program grant

SPECIAL PROJECTS:

5/78-6/79

Team member-"Family Team"

One of four members of a special "family team" treating acute psychotic episodes and certain severe disturbances of childhood and adolescents on outpatient basis (without concurrent hospitalization).

Borrowing from the Milan group,* the team saw families with a psychotic child. Two team members conducted the sessions while the other two observed and provided feedback from behind a one-way mirror. Our approach was to present the team as concerned with the identified patient (child), but uninterested in changing the family parse.

We used three kinds of strategies in order to obtain and maintain positive results:(1)neutral interviewing techniques; (2)positive connotation (reframing the system's behavior in a positive light); and (3) paradoxical prescriptions. Families were seen once a month for about ten months.

Family Violence Prevention Project

Designed a comprehensive treatment model for K-8th grade students identified as violence prone and/or vulnerable.

9/75-6/83

School Consultant:

Worked concurrently with teachers in the schools and parents in the homes of children identified with behavioral and, or learning problems. Parents and teachers were utilized as the change agents, and their coordinated efforts brought about rapid change.

TRAINING EXPERIENCE:

■ **8/78**

Attended a week long seminar with *Dr. Milton Erickson, M.D.*, known as the father of American hypnosis and brief therapy.

■ **4/75**

Psychosomatic families: Attended a week long seminar and workshop at the Philadelphia Child Guidance Clinic with *Dr. Salvador Minuchin*.

PUBLICATIONS:

4/95

"Unconscious Mentation and Hypnotherapy"

Hypnosis-Connecting Disciplines. Proceedings of the 6th European Congress of Hypnosis in Psychotherapy and Psychosomatic Medicine. Vienna, Aug.1993. E. Bolcs, G.Guttman,M.Martin, M.Mende, H. Kanitschar, H. Walter(Eds.)

2/92

"Treating Psychosomatic Disorders: Negotiating with the Unconscious in Trance."

Hypnos. February Vol.XVIV No. 1-1992.

1/92

"Treating Psychosomatic Disorder: Negotiating with the Unconscious in Trance."

Hypnosis: 175 Years after Mesmer. Recent Developments in Theory and Application. Universitätsverlag Konstanz Germany. Walter Bongart (Ed.)1992.

PAPERS:

8/78

"Multiple Hands and Open Arms"

Frontiers of Hypnosis. Paper presented at the 6th National Assembly of the Federation of Canadian Societies of Clinical Hypnosis. Halifax, Nova Scotia, Canada.

10/00 & 7/00

"Event Theory and Motivation in Hypnotherapy"

Paper presented to the 5th National Assembly of the Federation of Canadian Societies of Clinical Hypnosis. Vancouver B.C. and the 6th World Congress of Eclectic Hypnotherapy in Psychology, Psychiatry and Medicine & 7th International Congress on Inegrative and Eclectic Psychotherapy. Manzanillo, Colima, Mexico.the Philadelphia Child Guidance Clinic with **Dr. Salvador Minuchin**.

8/93

"Unconscious Mentation and Hypnotherapy"

Paper presented to the 6th European Congress of Hypnosis in Psychotherapy and Psychosomatic Medicine (Vienna, Austria)

8/90

"Treating Psychosomatic Disorders: Negotiating with the Unconscious in Trance."

Paper presented to the 5th European Congress of Hypnosis in Psychotherapy and Psychosomatic Medicine(University Konstanz,Germany)

2/88

"Creating good Therapeutic Weather Conditions".

A paper presented for publication in a book on the hypnotherapeutic treatment of sexually abused individuals.

7/86

"The Autonomy of the Unconscious"

Paper presented to the Mid-America Hypnosis Conference.

3/80

"After-Care of High Risk Children and Adolescents: Innovations in Family Approaches Within the Community Mental Center".

This paper was co-authored for presentation for the Community Mental Health conference, San Francisco, California, March, 1980. (further description of this project under Special Projects.)

9/79

"Guess Who's Coming to Dinner?: A Home Visiting Private Practice Model".

This Paper was submitted during studies of Community Psychology at the Fielding Institute.

PRESENTATIONS:

2007

Lecture and demonstration of hypnotherapy
Graduate Practicum group Department of
Psychology, U. of Wisconsin Madison.

2005

Keynote Speaker: 3rd International Congress
"Hypnosis in Dentistry". Culican, Mexico
(10/05)

2004

Lecture and hypnotic demonstrations: "
Clinical Hypnosis and Strategic
Psychotherapy" University de la Laguna,
Torreon Mexico. (2/04)

12/02

Beginning Hypnotherapy: Workshop
presented to Psychotherapists in training,
Monterrey Mexico

7/00-present

Medical Hypnosis: Workshop presented to
Workshop presented to medical/mental
health professionals World Congress of
Eclectic Hypnotherapy in Psychology,

Psychiatry and Medicine, Mexico.

10/03

Multiple Hands: Hypnotic regression
technique for resolving traumatic events.
Paper presented to the 6th National
Assembly of the Federation of Canadian
Societies of Clinical Hypnosis. Halifax, N.S.
Canada.

7/01

Eliciting Trance via ideomotor signaling and
other unconscious manifestations.
Workshop presented to medical
professionals at 7th World Congress of
Eclectic Hypnotherapy in Psychology,
Psychiatry and Medicine, Puerto Vallarta,
Mexico.

10/00

"Event Theory and Motivation in
Hypnotherapy" Paper presented to the 5th
National Assembly of the Federation of
Canadian Societies of Clinical Hypnosis.
Vancouver B.C.

7/00
"Motivation in psychotherapy and hypnotherapy" 6th World congress of Eclectic Hypnotherapy
Manzanillo, Colima, Mexico.

4/94
"Accessing the Unconscious Aspect of The Marital Contract". Workshop at Illinois Association of Marriage and Family Therapy (IAMFT) Conference.

8/93
"Unconscious Mentation and Hypnotherapy". Paper presented to the 6th European Congress of Hypnosis in Psychotherapy and Psychosomatic Medicine (Vienna, Austria)

4/91
"Unconscious Marital Contracts". Workshop Presented at IAMFT Conference.

8/90
"Treating Psychosomatic Disorders: Negotiating with the Unconscious in Trance." Paper presented to the 5th European Congress of Hypnosis in Psychotherapy and Psychosomatic Medicine(University Konstanz,Germany)

3/90
"Making the Marriage the Patient" A (2 hr.)presentation made to the Illinois Association of Marriage and Family Therapists(IAMFT)Conference.

HONORS:

1970-71
Dean's List four quarters graduate school.

Who's Who Among Students in American Universities and Colleges 1970-71.

ELECTED OFFICE:

10/85-6/88
School Board, Elementary Dist. #2 Bensenville, Illinois.

TRAINING EXPERIENCE:

6/75-07/81
Ph.D. Clinical Psychology.
Fielding Institute, Santa Barbara California.

9/69-6/71
Masters Degree in Counseling Psychology.
George Williams College, Downers Grove,IL

9/65-12/68
B.A. Double major:Social Science and Humanities.
George Williams College.Downers Grove, Il.(Education cont'd)
Spr. Qrt.'67 International People's College. Helsingor, Denmark.

THESIS TITLES:

Doctoral

"A Study of the Effects of a New Treatment Program in Reducing the Rates of Accidents and Violations Among Males 18-23 years of age Arrested for Driving- While-Intoxicated."

Masters

"A Communicational Approach and Method to the Study of Group Interpersonal Interaction."

AFFILIATIONS:

**Clinical Member of the Swedish Society of
Clinical and Experimental Hypnosis**

LICENSE:

**Clinical Professional Counselor
(#180- 003146)
(LCPC)**